
KIM DANIELA
WHOLE LIFE TRANSFORMATION



**The Rainbow Spinning
Torus Field Activation, A
Tool For Energetic
Purification and Protection**

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Have you been feeling physically under the weather/out of whack, emotionally overwhelmed, or perhaps having a hard time finding balance given the chaotic times we live in? Not surprising with everything that is going on in our reality (or *realities*, for it's multi level). I won't go into the whole 2020 Co*v#id fiasco, as I already covered the early part of it in my e-book released in April 2020. Additionally I share many truths on my Awakening Masters Telegram channel t.me/awakeningmasters, go there if you feel called to learn more. Suffice to say for a very long time our reality has been pummeled by increasing levels of toxins and attacks on visible and invisible levels, leading into the soup we now find ourselves in. From the smart dust and heavy metals rained down on us via the weather geoengineering projects, to polluted public water supply, genetically modified and heavily processed seeds and food, pesticides, herbicides, fungicides, synthetics, pharmaceuticals, bioweapons, and the ever increasing levels of EMF radiation and other implications of this technology. And that's not including the invisible, or energetic attacks. If you're not seasoned to any of this I know it might seem unreal, overwhelming and/or easier to just put your head back in the sand.

The good news, there's another side to the coin. We have entered a period of an 'evolutionary leap' within our galaxy. What this means for humanity is that we are facing a choice point and can now opt to exit the murky matrix of control and come back home to the organic reality! In fact that journey home has already begun for a number of us, and there are tools to aide us through these transitional times. I offer many physical and energetic aides in past articles and on my recommendations page <https://kimdaniela.com/kim-recommends/>.

One powerful aide that I was instructed by spirit to share is the rainbow spinning torus field activation. I'm certainly not the first or only person to bring a version of this forward, but I was told activating it in this way will specifically help strengthen and protect the body's energy fields from damaging electromagnetic frequency and weaponry, energetic attacks, and physical/environmental pollutants.

What is a torus (or torroidal) field? As understood by quantum physics, ATOMS are actually torus fields, therefore the universe, our planet and our bodies are all torroidal in design. Our energetic heart centre (at the midline point where the arms outstretched horizontally would intersect) is our connection to the source flame, see figure I.



Figure I

We can connect to the infinite source-field from this point and flow the electromagnetic frequency outwards in torroidal motion, forming the expression of our personal consciousness. But because we live in a reality where so many are unaware of their energy bodies and where there is so much chaos and negativity being thrown at us, our fields are most often blocked, damaged and not flowing as they should. That is where this powerful exercise comes in.



Figure II

“The heart’s electromagnetic frequency arcs out from the heart and back in the form of a torus field, which is the oldest structure in existence. Its shape is similar to a donut, with the whole center of it folding upon itself. The torus is said to define the workings of consciousness, such as consciousness having geometry. The energy of this torus is constantly refreshing and influencing itself.”

<https://www.mindmovies.com/blogroll/toroidal-energetic-field-what-tha>

“There are no electrons in science; divine intelligence comes from the Zero Point to express itself as an atom with specific divine behaviour and design; a torus field; discover the Laws of Creation in the holographic universe; knowing 'self' is the starting point for all

knowledge; learn how to heal with zero point energy. This new knowledge paves the way for a new society without electricity where we can create consciously, whilst acting in alignment and harmony with the Planet.” https://youtu.be/7HW_sUnC_Ho

In our understanding and embodying of this knowledge, we can use our heart based intention to activate and strengthen the harmonic field around our body. To do so, stand (or sit if unable to stand), feet firmly on the ground, eyes closed. Put your hands over your heart centre and focus for a moment on the source energy in that area, imagining it as a rainbow coloured flame. Just feel into it and visualize the flame growing and intensifying. Once you feel comfortable holding this visual, imagine that rainbow flame of energy going up and out the top of your head in a full circle, spanning down and around the whole body, coming back up through the feet, up the central column and back to the heart centre, just as a donut. See Figure II.

Take some time and once you are comfortable visualizing this rainbow torus field, the next step is to spin it around the body, see Figure III. Direction doesn't matter (clockwise/counter clockwise), simply let it spin the way it organically wants to go. Remember you start at the heart centre, up through the top of the head and out around the whole body, coming back up to the heart. Continue this flow for one or two minutes. Your intention should be something like 'activate spinning torus field to purify and protect my field and body'.

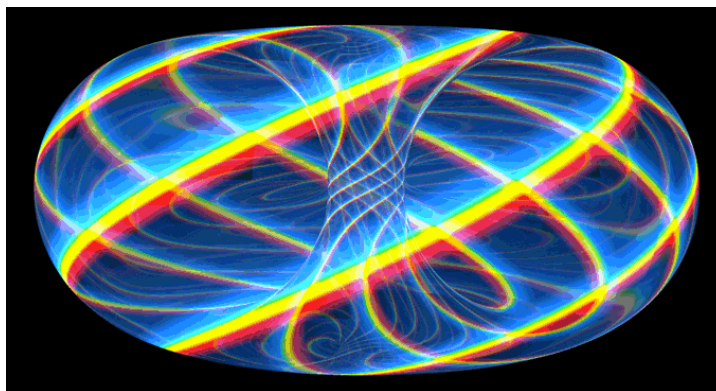


Figure III

Once you are complete, open your eyes and bring your focus back to physical reality. Go about your day. It's recommended to do this practice once daily if possible. At other times of the day you can refresh it just by saying 'activate spinning torus field'.

This exercise will strengthen your body's electromagnetic field and can aid in mitigating the effects of negative energy and psychic attacks, harmful electromagnetic radiation, heavy metals, and all manner of environmental toxins. It can also work towards strengthening your immune system in general, which helps your body in its ever-moving journey towards wholeness and balance. Remember, you are a creator being, your intention is powerful, and you have the ability to protect yourself. You only need know it. Infinite blessings.